

# Birdy Bytes

## Newsletter for the High Desert Bird Club of New Mexico



Volume 13, Issue 11

November 2020

### Upcoming Events

**November** – General Meeting - **CANCELLED**  
Covid19 Virus Quarantine Restrictions  
RGSCC Albuquerque, NM

**Next Meeting** – General Meeting  
DVD Movie: Bill and Co  
RGSCC Albuquerque, NM

**Next Next Meeting** – General Meeting  
Parrot Treat Competition  
RGSCC Albuquerque, NM

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### Bird Words

Greetings Everyone,

New Mexico is still in Covid19 quarantine lockdown with even more restrictions recently mandated by our Governor. Our meeting place continues to be closed until further notice.

In the meantime, more online information and learning opportunities are becoming available.

Lafeber Company, an industry leader in pet bird nutrition, offers free webinars every Friday. Details and a link to their site are on Page 4. Also, Lafeber Company maintains a list and map of bird clubs in the U.S. They accepted our request to be listed and we will be included on their list and map in the near future.

The AFA online conference recordings are available to us as a bird club through the rest of this year. Accessing a session will take a little more coordination to host in a Zoom meeting. Details and a list of the sessions are on Page 5.

Make the most of this holiday season. Enjoy the bounty of seasonal fruits, vegetables, and nuts in the shell.

Don't be afraid to reach out if you need help with food or supplies. Use social media to stay connected. This too shall pass.

#### Jennifer Catron



**Too Much Stuffing**

## Bird Club Biz

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High Desert Bird Club of NM  
P.O. Box 67855  
Albuquerque, NM 87193  
[www.HighDesertBirdClub.org](http://www.HighDesertBirdClub.org)

**Bird Rescue Hotline: (505) 554-0804**

### General Meetings

**Fourth Thursday** of the month

Meeting time: 6:30 PM – 8:30 PM

Location:

**Raymond G. Sanchez Community Center**  
9800 - 4<sup>th</sup> Street NW  
Albuquerque, NM  
Map link: <http://goo.gl/maps/tk52Y>

### Club Officers

President: Available  
Vice President: Dorothy Newbill  
Secretary: Available  
Treasurer: Jennifer Catron

### Committee Chairpersons

Advertising/Publicity: Available  
AFA Delegate: Jennifer Catron  
Bird Rescue: Jennifer Catron  
Education: Dorothy Newbill  
Fundraising: Available  
Hospitality: Available  
Library: Available  
Membership: Available  
Newsletter: Jennifer Catron  
Raffle: Available  
Website: Jennifer Catron

### Treasurer's Report

Beginning balance (stmt 9/30/20)	\$1,767.87
Revenue	
Memberships	\$10.00
Expenses	
P.O. Box rental	\$148.00
Website domain name	\$21.17
Ending balance (stmt 10/31/20)	<b>\$1,608.70</b>

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**The High Desert Bird Club of NM is a  
501(c)(3) educational, public charity  
recognized by the IRS.**

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### Membership Requirements

Any person interested in cage birds who agrees to support the objectives in the HDDB By-Laws is eligible for membership.

### Membership Dues

\$20.00 Individual  
\$30.00 Household  
\$15.00 Junior (17 or younger)  
\$15.00 Senior (60 or older)  
\$25.00 Senior Household

Dues are payable in January of each year or at a quarterly pro-rated amount upon joining the Club.

### Newsletter Policy

*Birdy Bytes* is generally issued on a monthly basis. Content from members is encouraged. Content deemed obscene, inflammatory, overtly personal, copyrighted without permission to republish, or insufficiently bird-related may not be published at the discretion of the newsletter Editor.

### Newsletter Advertising Policy

Any individual or business that supports HDDB through the donation of money, goods, or services may have a near business-card sized ad published in the newsletter for three months for no cost.

Members may have a text ad of up to 50 words and a reasonable number of supporting photos for no cost. Ads run for two months and may be renewed for two-month increments. Members are responsible for contacting the newsletter Editor to renew their ad.

Advertising space may be purchased. A half-page ad costs \$25 for six months. Additional ad sizes and corresponding rates are available.

Newsletter Editor reserves the right to accept or reject any advertisement based on the appropriateness for *Birdy Bytes*.

To submit content for *Birdy Bytes*, contact Jennifer Catron, Editor, at [jcatron@Q.com](mailto:jcatron@Q.com), or (505) 235-2803.

Thank you.



## General Meetings

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### November - Cancelled

Once again our monthly general meeting is cancelled due to actions and measures to prevent the spread of the Covid19 virus.

Our meeting place, Raymond G. Sanchez Community Center, is closed to community group meetings until further notice.

When we can resume our regular monthly meetings is unknown. We'll keep you posted as we know more about restrictions being lifted and reopening of our meeting venue.

Thank you for understanding. Stay safe and remain calm. This too shall pass.

### Next Meeting

DVD movie night: Bill and Coo! This movie premiered in 1948 and won a special Academy award for artistry and patience blended in a novel and entertaining use of the medium of motion pictures.

All the actors are animals and most of them are birds. This heartwarming story is about the town of Chirpendale, its residents, and how they pull together to defeat a crow menacing their town.

The video quality is not the best, but it's just fascinating to watch all these birds act and perform tricks.

### Next Next Meeting

Parrot treats competition. Do you make or bake some special treats for your birds? Think your recipe can win over our panel of experts on parrot treats?

For our next next meeting program, everyone is encouraged to bring in samples of their choice of a parrot treat.



The panel of experts will be all the birds at the meeting. Winners will be determined by the most eaten parrot treat. First, second and third places can pick a prize from the HDHC prize bin.

It's a lot of fun for our birds and people alike.

## Meeting Minutes

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No meeting. No minutes.

## HDHC Hotline

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Our HDHC pet bird rescue hotline carrier is Tracfone. We refill the phone on an annual basis and purchased another 365 days with 800 minutes. This expense for \$111.53 will be reflected on the club's November bank statement.

A few calls were received regarding pet bird surrenders and adoptions. One caller spotted an injured Sandhill Crane near Los Lunas. She was referred to some wildlife rescues to locate someone local to help.

For bird adoptions, surrenders and lost and found birds, Birds of a Feather Parrot Rescue of NM is the go to place. Adoptions are paused until January 1<sup>st</sup>. However, the rescue remains open and available for bird questions and emergency intake.

## Lafeber Webinars

The Lafeber Company offers a free webinar each Friday at 1:00 PM MST (12:00 PM PST) on a variety of bird-related topics.



Some of the webinars are interactive where you can ask questions from avian veterinarian, Dr. Tom Tully, and some are interviews or discussions with a variety of guests.

All webinars are posted on the Lafeber website and YouTube channel for viewing on demand. Participants in the live webinars are eligible for a Lafeber product giveaway drawing at the end of the program.

Here's a link to the webinar page:  
<https://lafeber.com/pet-birds/category/webinar/>

You can also sign up for email notification of upcoming webinars. Lafeber is a leader in avian nutrition and care and these free webinars offer a good resource to learn more about pet birds and proper care.

## Nuts in the Shell

Autumn is the time to find nuts in the shell for our birds in local stores.

Sprouts Farmers Market currently offers a new one pound bag product of nuts in the shell. Their price for walnuts, almonds and hazelnuts is really reasonable at \$2.99 each. Pecans and Brazil nuts are comparable with other local grocery stores at \$4.99 each or per pound.



Here's a link to the Sprouts website and nuts in the shell products:

[https://shop.sprouts.com/search?search\\_term=Turn%20on%26%20Glasser](https://shop.sprouts.com/search?search_term=Turn%20on%26%20Glasser)

It's a good opportunity to stock up and the one pound bags are easy and convenient to put in a refrigerator or freezer. Also, consider buying an extra bag for your favorite bird friend or rescue. Make a parrot happy this holiday season.

## Words from Our VeeP

That time has come upon us again! The Holidays -- cooking, sharing and over indulging.

While it's always a fun to share with our pets and include them in our festivities, don't forget to be cautious when it comes to ingredients, decorations and cookware.

Avoid toxic foods: no onion, garlic, avocado, chocolate, or dairy.

Avoid toxic cookware: no Teflon or non-stick cookware, this includes the non-stick aluminum foil and cook in bags.



Glass decorations and lights are beautiful, but not a bird's friend and could cause injury or even death.

As we enter the New Year together with a new board, new members, new birds

and new world rules, let's be kind, respectful and supportive of one another.

My goal as Vice President is to bring more attention to our parrot community, educate our new and seasoned bird owners and have fun doing it!

Please bring your ideas, questions, and your birds to our meetings!

Feel free to reach out to any of us!

Enjoy the season!

**Dorothy Newbill**



## AFA Online Conference

We have permission to share recorded presentations with our bird club members through the end of this year.

Because of the Covid lockdown and restrictions, sharing would have to be via a Zoom meeting. The free software version of Zoom limits meetings to 40 minutes.

The presentation by Dr. Jason Crean on Avian Raw Whole Food Nutrition is 1 hour 20 minutes long. We can schedule two back-to-back meetings to cover his presentation.

If you are interested in participating in a Zoom meeting to view Dr. Crean's presentation, reply to the email you received for this newsletter. Zoom meeting invitation and links need to be emailed directly to participants.

If any of the other presentations are of interest to you, email me, Jennifer Catron, at [jrcatron@q.com](mailto:jrcatron@q.com) and we can set up a Zoom meeting.

The speakers and topics include:

**Dr. Don Brightsmith** – Non-invasive Parrots in the Wild

**Eric Peake** – Breeding Budgies

**Robin Shewokis** – Creating Goal-based Enrichment

**Dr. Caroline Efstathion** – APEC

**Dr. Jason Crean** – Avian Raw Whole Food Nutrition

**Hila Niemann** – Dealing with Aggressive Parrots

**Dr. Rainer Niemann** – Parrots and Other Birds of Costa Rica

**Mindy Patterson** – Going on Offense to Protect Your Animals and Animal Enterprise

**Jack Pine** – These Are Parrots, Not Penguins: in the Face of Natural Disasters

**Laurella Desborough** – Keeping Eclectus Parrots: Pets and Breeders

**Gabriela Vigo Trauco** – Fostering Connections: Saving Wild Macaw Chicks Through Conservation Aviculture



## HDBC Election Results

Election results are in for our 2021 HDBC officers.

Because of the continued Covid19 lockdown and restrictions, nominations and voting was conducted via email.

We had only one candidate for each position and all votes were in favor of electing everyone on the ballot.

HDBC Officers for 2021 are:

President:	Jennifer Catron
Vice President:	Dorothy Newbill
Treasurer:	Carolyn Newell
Secretary:	Ramona Buzard

Thank you to those who volunteered to be nominated. Thank you to everyone who voted.



## Have a Happy Thanksgiving!



**New Bird Band  
George Squashington and the Gourds**

## Bird Rescue, Foster, and Adoption

A variety of birds are available for adoption at Birds of a Feather Parrot Rescue of New Mexico (BFPR). HDHC is partnering with BFPR to help with receiving, fostering and rehoming pet birds.

If you're interested in adding a feathered friend to your family, please contact Dorothy Newbill (BFPR) at (505) 980-6166, or you can call our HDHC Pet Bird Rescue Hotline at (505) 554-0804 for assistance.



**Blue and Gold and Scarlet Macaws**



**Cockatiel**

If you are interested in fostering or adopting a parrot, BFPR is a **very** active parrot rescue. They are always working with a variety of different pet birds from Amazons to Macaws,

and the smaller birds like budgies and cockatiels. They've even had some hand-tame doves available for adoption.

### NOTE

**Bird adoptions are paused until January 1<sup>st</sup>. This is an annual process. The intent is to discourage birds being obtained and given as gifts during the holidays.**

**Adopting a parrot is a lifetime commitment, not a surprise Christmas present.**

**Bonding and socialization visits are still allowed, and the adoption process will resume beginning January.**



**Baby, an Umbrella Cockatoo**

For more information, call Dorothy Newbill at (505) 980-6166 or check out their Facebook page at:

<https://www.facebook.com/birdsofafaethernm/>.

Rehoming fees and adoption policy process apply.



**Green Cheek Conures**

## Friends of HDBC



DANIEL LEVENSON, DVM

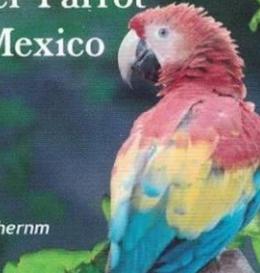
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505-890-8797 FAX  
INFO@MYSOUTHWESTVET.COM

**SOUTHWEST**  
VETERINARY MEDICAL CENTER  
YOUR OTHER FAMILY DOCTOR



**Blind Dates Suck**



**Birds of a Feather Parrot  
Rescue of New Mexico**

*Dorothy Newbill*  
Director  
505-980-6166

Birdsofafeathernm@gmail.com  
WWW.facebook.com/birdsofafeathernm



## Facebook Fun



**Green Peppers – Nutritious  
Pepper Hat – Adorable**

